

CAMPER HEALTH HISTORY FORM

Developed and reviewed by: American Camp Association, American Academy of Pediatrics Council on School Health, & Association of Camp Nurses

Mail this form to the address below by June 1st.

Camp Taum Sauk
14 Rio Vista Drive
St. Louis, MO 63124
314-993-1655

Camper Session: (circle one) First Second Third

Camper Name: _____
First Middle Last
 Male Female Birth Date _____ Age on arrival at camp: _____
Month/Day/Year

To Parent(s)/Guardian(s): Please follow the instructions below. Attach additional information if needed.

- 1) Complete pages 1, 2 and 3 of this form.
- 2) Provide the form to your child's health-care provider for review and completion.
- 3) After the form has been completed and signed by your child's health-care provider, **MAKE A COPY** and return to camp by the requested date.

Camper Name

First

Middle

Last

Camper Unit :

Term :

Camper Home Address: _____
Street Address City State Zip Code

Parent/guardian with legal custody to be contacted in case of illness or injury:

Name: _____ Relationship to Camper: _____ Preferred Phones: (_____) (_____) _____

Email: _____

Home Address: _____
If different from above Street Address City State Zip Code

Second parent/guardian or other emergency contact:

Name: _____ Relationship to Camper: _____ Preferred Phones: (_____) (_____) _____

Additional contact in event parent(s)/guardian(s) can not be reached:

Name(s): _____ Relationship to Camper: _____ Preferred Phones: (_____) (_____) _____

Health-Care Providers:

Name of camper's primary doctor(s): _____ Phone: (_____) _____

Name of dentist(s): _____ Phone: (_____) _____

Name of orthodontist(s): _____ Phone: (_____) _____

Name of any additional providers: _____ Phone: (_____) _____

Name of any additional providers: _____ Phone: (_____) _____

Medical Insurance Information:

This camper is covered by family medical/hospital insurance Yes No

Include a copy of your insurance card if appropriate; copy both sides of the card so information is readable.

Insurance Company _____ Policy Number _____

Subscriber _____ Insurance Company Phone Number (_____) _____

Parent/Guardian Authorization for Health Care:

This health history is correct and accurately reflects the health status of the camper to whom it pertains. The person described has permission to participate in all camp activities except as noted by me and/or an examining physician. I give permission to the physician selected by the camp to order x-rays, routine tests, and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status.

Signature of Custodial Parent/Guardian _____ Date: _____ Relationship to Camper: _____

If for religious or other reasons you cannot sign this, contact the camp for a legal waiver which must be signed for attendance.

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Immunization History: Provide the month and year for each immunization. Starred (★) immunizations must be current. Copies of immunization forms from health-care providers or state or local government are acceptable; please attach to this form.

Immunization	Dose 1 Month/Year	Dose 2 Month/Year	Dose 3 Month/Year	Dose 4 Month/Year	Dose 5 Month/Year	Most Recent Dose Month/Year
Diphtheria, tetanus, pertussis ★ (DTaP) or (TdaP)						
Tetanus booster ★ (dT) or (TdaP)						
Mumps, measles, rubella ★ (MMR)						
Polio ★ (IPV)						
Haemophilus influenzae type B (HIB)						
Pneumococcal (PCV)						
Hepatitis B						
Hepatitis A						
Varicella (chicken pox)	<input type="checkbox"/> Had chicken pox Date: _____					
Meningococcal meningitis (MCV4)						

Tuberculosis (TB) test	Date: _____	<input type="checkbox"/> Negative	<input type="checkbox"/> Positive
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If your camper has not been fully immunized, please sign the following statement: I understand and accept the risks to my child from not being fully immunized.

Signature of Custodial Parent/Guardian: _____ Date: _____ Relationship to Camper: _____

General Health History: Circle "Yes" or "No" for each statement. Explain "Yes" answers below or attach additional information if needed.

Has/does the camper:

- | | | | | | |
|--|-----|----|--|-----|----|
| 1. Ever been hospitalized? | Yes | No | 11. Had fainting or dizziness? | Yes | No |
| 2. Ever had surgery? | Yes | No | 12. Passed out/had chest pain during exercise? | Yes | No |
| 3. Have recurrent/chronic illnesses? | Yes | No | 13. Had mononucleosis ("mono") during the past 12 months?... | Yes | No |
| 4. Had a recent infectious disease? | Yes | No | 14. If female, have problems with periods/menstruation?..... | Yes | No |
| 5. Had a recent injury? | Yes | No | 15. Have problems with falling asleep/sleepwalking? | Yes | No |
| 6. Had asthma/wheezing/shortness of breath?..... | Yes | No | 16. Ever had back/joint problems?..... | Yes | No |
| 7. Have diabetes? | Yes | No | 17. Have a history of bedwetting?..... | Yes | No |
| 8. Had seizures? | Yes | No | 18. Have problems with diarrhea/constipation?..... | Yes | No |
| 9. Had headaches? | Yes | No | 19. Have any skin problems?..... | Yes | No |
| 10. Wear glasses, contacts, or protective eyewear? | Yes | No | 20. Traveled outside the country in the past 9 months?..... | Yes | No |

Please explain "Yes" answers in the space below, noting the number of the questions. For travel outside the country, please name countries visited and dates of travel. Attach additional sheet if needed.

Restrictions: I have reviewed the program and activities of the camp and feel the camper can participate without restrictions.
 I have reviewed the program and activities of the camp and feel the camper can participate with the following restrictions or adaptations. **(Please describe below.)**

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Mental, Emotional, and Social Health: Circle "Yes or "No" for each statement.

Has the camper:

- | | | |
|--|-----|----|
| 1. Ever been treated for attention deficit disorder (ADD) or attention deficit/hyperactivity disorder (AD/HD)? | Yes | No |
| 2. Ever been treated for emotional or behavioral difficulties or an eating disorder?..... | Yes | No |
| 3. During the past 12 months, seen a professional to address mental/emotional health concerns?..... | Yes | No |
| 4. Had a significant life event that continues to affect the camper's life?.....
(History of abuse, death of a loved one, family change, adoption, foster care, new sibling, survived a disaster, others) | Yes | No |

Please explain "Yes" answers in the space below, noting the number of the questions. The camp may contact you for additional information.

Diet, Nutrition: Eats a regular diet. Has a medically prescribed meal plan or dietary restrictions: *(describe below)*

The camper is undergoing treatment at this time for the following conditions: *(describe below)* None.

The following non-prescription medications are commonly stocked in camp Health Centers and are used on an as needed basis to manage illness and injury. **Medical personnel:** *Cross out those items the camper should not be given.*

- Acetaminophen (Tylenol)
- Ibuprofen (Advil, Motrin)
- Phenylephrine (Sudafed PE)
- Pseudoephedrine (Sudafed)
- Chlorpheniramine maleate
- Guaifenesin
- Dextromethorphan
- Diphenhydramine (Benadryl)
- Generic cough drops
- Chloraseptic (Sore throat spray)
- Lice shampoo or scabies cream (Nix or Elimite)
- Calamine lotion
- Bismuth subsalicylate (Pepto-Bismol)
- Laxatives for constipation (Ex-Lax)
- Hydrocortisone 1% cream
- Topical antibiotic cream

Physical exam done today: Yes No (If "No," date of last physical: _____)
Month/Day/Year

ACA accreditation standards specify physical exam within last 24 months.

Weight: _____ lbs Height: _____ ft _____ in Blood Pressure _____ / _____

Allergies: No Known Allergies

To foods (*list*):

To medications: (*list*):

To the environment (*insect stings, hay fever, etc.- list*):

Other allergies: (*list*):

Describe previous reactions:

What Have We Forgotten to Ask? *Please provide in the space below* any additional information about the camper's health that you think important or that may affect the camper's ability to fully participate in the camp program. **Attach additional information if needed.**

Camper Name _____
 First _____
 Middle _____
 Last _____
 (For Camp Use) Cabin or Group _____
 (For Camp Use) Session Code(s): _____

Medication: This camper will not take any daily medications while attending camp.
 This camper will take the following daily medication(s) while at camp:

"Medication" is any substance a person takes to maintain and/or improve their health. This includes vitamins & natural remedies. ***Please review camp instructions about required packaging/containers. Colorado requires original pharmacy containers with labels which show the camper's name and how the medication should be given. Provide enough of each medication to last the entire time the camper will be at camp.***

Name of medication	Date started	Reason for taking it	When it is given	Amount or dose given	How it is given

Other treatments/therapies to be continued at camp: (describe below) None needed.

"I have reviewed the CAMPER HEALTH HISTORY FORM for accuracy and have discussed the camp program with the camper's parent(s)/guardian(s). It is my opinion that the camper is physically and emotionally fit to participate in an active camp program (except as noted above.)"

Name of licensed provider (please print): _____ Signature: _____ Title: _____

Office Address _____
Street City State Zip Code
 Telephone: (____) _____ Date: _____

Individual Health Record (For Camp Use Only)

Initial Screening **Date/Time:** _____ **Initials:** _____

Screening has been conducted according to camp protocol and significant findings noted as follows:

- A. Any signs/symptoms of illness or injury upon arrival?..... No Yes as noted below
- B. History of exposure to communicable disease?..... No Yes as noted below
- C. Additions or corrections to information on this health history?..... No Yes as noted below
- D. Medication given to health-care staff?..... No Yes as noted below
- E. Any signs/symptoms of head lice?..... No Yes as noted below

Provider notes: (date/time/initial all entries) _____

Exit Note: Check one of the following: (ONLY COMPLETED IF CAMPER LEAVES EARLY FOR MEDICAL REASONS)

- Left camp this day with no reported illness or injury symptoms.
- Left camp this day with the following problem/concern:

This person was told about the problem and instructed about follow-up as noted above: _____
 Date/Time: _____ Initials: _____